## 6th Annual 2024 Middle School Track State Finals

May 17<sup>th</sup>, 2024

Practice, Merch sales, and Package Pickup at Indiana State

5pm-8pm

May 18th, 2024

## 9AM Field Events, 10:30 Running Events

Hosted by Terre Haute South

Held at Indiana State's Gibson Track and Field Complex

#### **Meet History**

The meet first started in 2018. A local club in Terre Haute saw the need and passion for this type of meet. The first meet was held at Terre Haute North and in 2019 at Terre Haute South. At the end of 2019, the club handed over the rights to the meet to Terre Haute South. In 2022, the meet moved to the recently built Gibson Track and Field Complex.



## Address

400 N 1<sup>st</sup> Street, Terre Haute, IN 47807

## **Meet Cost**

\$12/individual entry, \$48/relay entry. If you sign up and fail to participate, YOU WILL BE BILLED \$20 for an individual entry and \$80 for a relay. If you scratch out the day of the event, you will be charged the standard entry. Please do not accept an invitation and take away someone's spot and not attend the meet.

Athletes will be given a bracelet that shows they paid for their entries. No bracelet, you will not be able to participate.

## Spectator fee

\$8 per person digital presale, \$10 at the gate, coaches are free.

#### Throws

You will have to weigh in your shot/discus before the meet. Each individual will have to provide their own shot/discus. Girls shot weight-6 lb., Boys shot weight-4k. Girls/Boys discus-1K. **YOU MUST FOLLOW THESE WEIGHTS TO QUALIFY** 

#### **Field Events Order**

Shot Put, High Jump, Pole Vault-Girls first Discus, long jump-Boys first

#### 200 Hurdles

Be advised, our 200 hurdles will be set up using USATF standards. 5 hurdles, 30" height, 20 meters to the first hurdle, 35 meters in between, 40 meters to the finish.

#### Pole Vault

No poles will be provided. Please, only experienced vaulters register.

#### **False Starts**

No warnings, false starts will be disqualified.

#### Awards

Team Trophies for the top Girl and Boy teams. Medals for places 1<sup>st</sup>-8<sup>th</sup>.

#### Timing

Mike Dason of timingmd. Follow results at timingmd.net, entries will be done on MileSplit. Entries will be due on **May 15<sup>th</sup>**, **11:59AM**. NO ENTRIES WILL BE ACCEPTED AFTER THIS DATE, NO EXCEPTIONS! PLAN ACCORDINGLY!

#### Practice

At Indiana State track, from 5pm-8pm on Friday. Shirts can be purchased that night.

#### **Meet Directors**

Ed Jarvis, Jon Lee, Josh Lee. Please refer all questions to edj@vigoschools.org

#### Streaming

The State Middle School Championship will now have a livestream partner. Indiana Milesplit will be streaming the meet this year.

## **Qualifying Standards**

The following standards are based off the results from the 2023 meet. If your athlete is close please email <u>edj@vigoschools.org</u>. Some events did not fill up at the 2023 meet, if your athlete is close please register. It doesn't hurt to try. Please only use FAT times when possible, especially in the 100M, 100/110M hurdles, and 200M. We only take the top **27** in the 100, 100/110 Hurdles, 200 hurdles, 400 and 200. **The top 32 in the 800**, **1600**, **and 2400**. High jump and Pole Vault will be the top **15**. Other field events will be the top 16. Relays will be the top **18**. Conversions will NOT be accepted.

| <u>Event</u>       | <u>Boys</u> | <u>Girls</u> |
|--------------------|-------------|--------------|
| High Jump          | 5'2         | 4'8          |
| Long Jump          | 16'6        | 14'5         |
| Shot Put           | 35'0        | 29'0         |
| Discus             | 100'0       | 65'0         |
| Pole Vault         | 8'0         | 7'0          |
| 100 M              | 12.05       | 13.75        |
| 200 M              | 25.50       | 29.00        |
| 400 M              | 58.0        | 1:06         |
| 800 M              | 2:19        | 2:38         |
| 1600 M             | 5:10        | 5:50         |
| 2400 M             | 8:45        | 9:50         |
| 100 M Hurdles (30) |             | 18.0         |
| 110 M Hurdles (33) | 17.5        |              |
| 200 M Hurdles (30) | 30.00       | 35.00        |
| 4x100              | 50.00       | 56.00        |
| 4X400              | 4:10        | 4:45         |
| 4x800              | 10:30       | 11:30        |

# NOTE: Hitting the qualifying the standard does not guarantee automatic entry into the meet. You will need to finish within the top entries per event.

## Order of events (Girls First)

SMR, 4x800 relay, 100M Dash Prelim, 110/100 hurdles Prelim, 200M Dash Prelim, 4x400 Co-Ed relay, 110/100 hurdles final, 100M Dash final, 1600M Run, 4x100 relay, 400M Dash, 200M Hurdles, 800M Run, 200M Dash final, 2400 M Run, 4x400 relay, DMR

#### **Final Instructions**

- 1. All events are subject to change.
- 2. Athletes may compete in 4 events.
- 3. Only Middle School teams, no club teams.
- 4. Relay teams uniforms must match.
- 5. There is no separation for grades, all grades 6-8 are eligible.

#### **Entries Instruction**

#### https://in.milesplit.com

Then you have to go to the calendar and click on registration on the meet. You will have to claim your team first.